

# Action plan for successful ageing



## CHANCE TO LEARN

A new National Silver Academy, which plans to provide more than 30,000 places for seniors by 2030. These could range from picking up IT skills and jewellery making to ukulele lessons and exam-free university courses.



## SHOT AT VOLUNTEERISM

The annual President's Challenge will be used as a platform to kick-start a volunteer movement for seniors interested in giving back to the community.



## KEEPING HEALTHY

Educating seniors on issues like dementia and nutrition. By 2030, some 400,000 seniors aged 50 and older will have come under the National Seniors' Health Programme.



## INFRASTRUCTURE UPGRADES

Providing opportunities for the old to mix with the young. Over the next 10 years, 10 new Housing Board developments will get childcare and eldercare facilities side-by-side. Public transport and other public amenities will also be made more senior-friendly.



## AGEING RESEARCH

Up to \$200 million could be set aside for research on ageing - how to delay the onset of dementia, for example, or create truly ageless workplaces.