

# Chinese names for herbs

Coix seed	薏苡仁 (yiyiren)
Indian bread	茯苓 (fuling)
Processed rehmannia root	熟地黄 (shudihuang)
Chinese angelica	当归 (danggui)
Milkvetch root	黄芪 (huangqi)
Chinese thorowax root	柴胡 (chaihu)
White peony root	白芍 (baishao)
Turmeric root-tuber	郁金 (yujin)
Barbary wolfberry fruit	枸杞子 (gouqizi)
Epimedium herb	淫羊藿 (yinyanghuo)
Prepared fleecflower root	制何首乌 (zhiheshouwu)
Musk	麝香 (shexiang)
Peach seed	桃仁 (taoren)
Safflower	红花 (honghua)

\*Consult your physician before consuming any herbs.  
Do not self-medicate.