

Strengthening Singapore's youth sports system

A new National Youth Sports Institute will cater to high-performing student-athletes from next year. It will offer services such as sports science as well as education and career guidance to those from both mainstream schools and the Singapore Sports School (SSP). A set of measures will also be introduced at the SSP, all in hope of helping the youth sporting excellence system here level up.

New initiatives at the Singapore Sports School



Sports modules like physiology, nutrition, rest and recovery on top of existing syllabus



Option to extend International Baccalaureate (IB) Diploma Programme up to four years



Satellite centre at Sports Hub for better time optimisation



Discretionary university admission interviews



Non-sports discipline diploma in partnership with a local polytechnic on top of existing



Open to student-athletes from all sports on top of existing ones

Republic Polytechnic-SSP Diploma in Sports & Leisure Management programme



Provision for more midstreamers

National Youth Sports Institute



Provide expertise and services in areas of sports medicine, sports

science and education and career guidance that are tailored to youth athletes' needs



Pioneer the national age-group programme to gather the top student

-athletes together for activities such as off-season training camps



Link between elite student-athletes and the Singapore Sports Institute



Drive national talent identification and selection programmes



Set up youth coaching division with the National Coaching Academy to develop quality coach for youth athletes

Singapore Sports Institute



Under SSI: Specialises and caters mainly to adult elite athletes