

# Chinese names for herbs

Medicinal cyathula root	川牛膝	(chuanniuxi)
Chinese taxillus herb	桑寄生	(sangjisheng)
Eucommnia bark	杜仲	(duzhong)
Indian bread	茯苓	(fuling)
Processed rehmannia root	熟地黄	(shudihuang)
Chinese angelica	当归	(danggui)
Incised notoptergium rhizome	羌活	(qianghuo)
Doubleteeth pubescent angelica root	独活	(duhuo)
Common monkshood mother root	川乌	(chuanwu)
Kusnezoff monkshood root	草乌	(caowu)
Cowberb seed	王不留行	(wangbuliuxing)
Gambir plant	钩藤	(gouteng)

NOTE: Consult your physician before consuming any herbs.  
Do not self-medicate.