

Chinese names for herbs

Divaricate saposhnikovia root	防风	(fangfeng)
Fineleaf schizonepeta herb	荆芥	(jingjie)
Honeysuckle flower	金银花	(jinyinhua)
Great burdock achene	牛蒡子	(niubangzi)
Reed rhizome	芦根	(lugen)
Mosla herb	香薷	(xiangru)
White hyacinth bean	白扁豆	(baibiandou)
Officinal magnolia bark	厚朴	(houpo)
Ginseng	人参	(renshen)
Indian bread	茯苓	(fuling)
Fragrant solomonseal rhizome	玉竹	(yuzhu)
Coastal glehnia root	沙参	(beishashen)
Milkvetch root	黄芪	(huangqi)
Cassia twig	桂枝	(guizhi)
Szechwan lovage rhizome	川芎	(chuanxiong)
Rehmannia root	地黄	(dihuang)

*Do not self medicate. Consult your physician before consuming any herbs.