

Chinese names for herbs

Dried tangerine peel	陈皮	(chenpi)
Indian bread	茯苓	(fuling)
Largehead atractylodes rhizome	白术	(baizhu)
Coix seed	薏苡仁	(yiyiren)
Cape jasmine fruit	梔子	(zhizi)
Plantain seed	车前子	(cheqianzi)
Common anemarrhena rhizome	知母	(zhimu)
Amur cork-tree	黄柏	(huangbai)
Tree peony bark	牡丹皮	(mudanpi)
Yerbadetajo herb	墨旱莲	(mohanlian)
Lalang grass rhizome	白茅根	(baimaogen)
Common bletilla tuber	白及	(baiji)
Chinese angelica	当归	(danggui)
Sichuan lovage rhizome	川芎	(chuanxiong)
White peony root	白芍	(baishao)
Chinese thorowax root	柴胡	(chaihu)

NOTE: Consult your physician before consuming any herbs.
Do not self-medicate.