

Ageing gracefully

Measures in the pipeline.



ACTIVE AGEING

- New National Seniors' Health programme to make seniors more aware about such topics as nutrition, exercise and mental wellness
- New National Silver Academy will offer more than 10,000 places in 500 courses this year, to encourage seniors to pursue learning.



HOME AND COMMUNITY CARE

- In a new pilot scheme, maids will be trained in eldercare tasks before they start working.
- New tailor-made packages that integrate home and daycare services for seniors.
- Selected new HDB developments to have one-stop centres for seniors, with facilities such as daycare and even grocery delivery.



COMMUNITY NETWORKS FOR SENIORS

- Pilot programme to better integrate programmes, services and resources for seniors in each community.
- Government agencies, VWOs and grassroots organisations to cooperate and coordinate efforts to serve more seniors.