



YOUR GUIDE TO RIO

PICK OF THE OLYMPIC ACTION

Coverage from ST's team in Rio

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- Live telecast of the Rio Olympics on Mediacorp okto channel and Toggle

Aug 6, Saturday (All Singapore times) Aug 7, Sunday Aug 8, Monday Aug 9, Tuesday Aug 10, Wednesday

Opening Ceremony, 6.15am

Shooting

- Women's 10m air rifle qualification (7.30pm) and final (9.30pm): Jasmine Ser (right)

One of Singapore's finest marksmen, Ser will be gunning for a podium finish.

Rowing

- Women's single sculls heats: 9pm – Saiyidah Aisyah

Rugby sevens

- Women's pool rd: 10pm

Rugby was last played at the 1924 Games. The modern version makes its Olympic debut in Rio.



Swimming

- Women's 100m butterfly heats: 12.31am – Quah Ting Wen

Table tennis

- Men's singles, 1st rd: 3am – Chen Feng

Fencing

- Women's individual epee final: 4.45am

Germany's Britta Heidemann has won three epee Olympic medals and is one of the most decorated fencers.

Shooting

- Women's 10m air pistol qualification (8pm) and final (10pm): Teo Shun Xie

Swimming

- Men's 100m backstroke heats (1.25am) & semi-finals (10.12am): Quah Zheng Wen

All the spotlight might be on team-mate Joseph Schooling but this could be Quah's chance to shine.

- Women's 100m butterfly final: 9.12am

Artistic gymnastics

- Women's team qualification: 8.45pm – Simone Biles (below), Gabby Douglas, Laurie Hernandez, Madison Kocian, Aly Raisman are expected to deliver gold for the USA.



Swimming

- Men's 200m butterfly heats (12.34am) & semi-final (10.10am): Michael Phelps (USA), Chad le Clos (Rsa)

Phelps makes his competitive outing in Rio. The American superstar is entered in only three individual events.

- Men's 100m backstroke final: 9.38am

Diving

- Men's synchronised 10m platform final: 3am – Daniel Goodfellow, Tom Daley (Gbr) (below)



Swimming

- Men's 100m freestyle heats (12.17am) and semi-final (9.03am): Schooling
- Men's 200m butterfly final: 9.28am

Will le Clos replicate his 2012 victory and edge out Phelps for the gold?

Diving

- Women's synchronised 10m platform: 3am – Chen Ruolin, Liu Huixia (Chn)

Chen has swept golds in all four events she has competed in since 2008 and will be aiming to extend that streak in Rio.

Shooting

- Women's 25m pistol final: 3am

Cycling

- Men's individual time trial: 9pm – Chris Froome (Gbr) (below)

The Kenyan-born star is aiming for a unique double, having just won the Tour de France.

Aug 11, Thursday

Swimming

- Men's 100m freestyle final: 10.03am – Schooling, Cameron McEvoy (Aus)

His time of 47.04sec, clocked in April's Australian Championships, is the fastest in the post super-suits era.

Table tennis

- Women's singles final, 8.30am

Shooting

- Women's 50m rifle 3 position qualification (8pm), final (11pm) – Ser



Artistic gymnastics

- Women's individual all-around final: 3am – Douglas, Biles (USA)

Badminton

- Men's singles group rd: 9.45pm – Derek Wong (left) v Soren Opti (Sur)

Rugby sevens

- Men's final: 6am

Swimming

- Men's 100m butterfly heats (1.31am), semis (10.34am): Quah, Schooling, Phelps, le Clos, Laszlo Cseh (Hun)

Schooling's pet event will be hotly contested between all four men.

- Men's 200m individual medley final: 10.01am – Phelps

Table tennis

- Men's singles final: 8.30am
- Women's team 1st rd: 9pm

Badminton

- Women's singles group rd: 8.35pm – Liang Xiaoyu v Delphine Lansac (Fra)

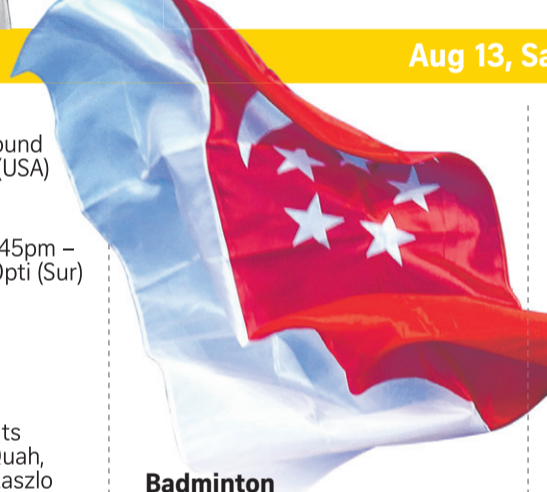
Swimming

- Men's 100m butterfly final: 9.12am – Schooling (right), Quah, Phelps, le Clos, Cseh

The big one for Schooling, who carries Singapore's hopes for its first Olympic swimming medal.

Athletics

- Men's 100m prelims, 1st rd: 8.30pm – Timothee Yap, Usain Bolt (Jam)



Swimming

- Men's 100m butterfly heats (1.25am) & semi-finals (10.12am): Quah Zheng Wen

Swimming

- Men's 100m butterfly final: 9.12am

Athletics

- Men's 100m prelims, 1st rd: 8.30pm – Timothee Yap, Usain Bolt (Jam)



Badminton

- Men's singles group rd: 7.55pm – Derek Wong v Lee Chong Wei (Mas)
- Women's singles group rd: 8.40pm – Liang Xiaoyu v Sung Ji Hyun (Kor)

Swimming

- Men's 4x100m medley relay final: 10.04am

Athletics

- Women's marathon: 8.30pm – Neo Jie Shi
- Men's 10,000m final: 8.25am – Mo Farah (Gbr)

Farah could cement his reputation as one of the greatest long-distance runners.

Tennis

- Women's singles final: 4.20am
- Men's singles final: 11pm



Aug 15, Monday

Sailing

- Men's (12.05am) and women's (1.05am) windsurfer RS:X medal race: Leonard Ong, Audrey Yong

Diving

- Women's 3m springboard final: 3am – Wu Minxia (Chn)

The Chinese legend is seeking to retain her title.

Athletics

- Men's 100m semi-finals (8am) and final (9.25am) – Bolt (right)

The lanky Jamaican is chasing history as he bids to become the first man to win a hat-trick of 100m golds.



Sailing

- Women's laser radial medal race: 12.05am – Elizabeth Yin (below)
- Men's laser medal race: 1.05am – Colin Cheng

Gymnastics

- Men's and women's apparatus finals: 1am.

Athletics

- Women's 400m final: 9.45am



Synchronised swimming

- Women's duet free routine final: 1am

Russia have dominated this event and are undefeated since 2000.

Sailing

- Mixed event multihull Nacra 17 medal race: 1.05am – Justin Liu and Denise Lim (below)

Table tennis

- Women's team final: 6.30am



Sailing

- Women's 470 medal race: 12.05am – Jovina Choo and Amanda Ng

Table tennis

- Men's team final: 6.30am

Athletics

- Women's 200m final: 9.30am

Volleyball - beach

- Women's final: 11am – Kerri Walsh Jennings (right)

Nicknamed 'Six Feet of Sunshine', she is seeking her fourth Olympic gold, this time with April Ross.



Aug 19, Friday

Athletics

- Men's 200m final: 9.30am

Part two of Bolt's triple gold bid, where he is an even bigger favourite.

Diving

- Women's 10m platform final: 3am

Four-time Olympic gold medallist Chen Ruolin of China is the one to beat.

Hockey

- Men's final: 4am

Winners in 2008 and 2012, Germany are eyeing a golden hat-trick.



Athletics

- Men's 4x100m relay final: 9.35am

Bolt bids for a third gold.

Football

- Women's final: 4.30am

The US women's team have made the final at every Games since women's football was introduced in 1996, losing just once. Can they make it six for six?

Hockey

- Women's final: 4am

Badminton

- Men's singles final: 8.30pm

Will Lin Dan or Lee Chong Wei grace the title decider?

Athletics

- Men's 5,000m final: 8.30am

Briton Mo Farah is the favourite.

Diving

- Men's 10m platform final: 3.30am

Football

- Men's final: 4.30am

Will this finally be Brazil's moment? The hosts have never won an Olympic gold in football.

Rhythmic gymnastics

- Women's individual all-around final: 2.20am



Basketball

- Men's final: 2.45am

Led by Kevin Durant (left) and Kyrie Irving, the United States boast an all-star team and will be overwhelming favourites to win their 15th gold.