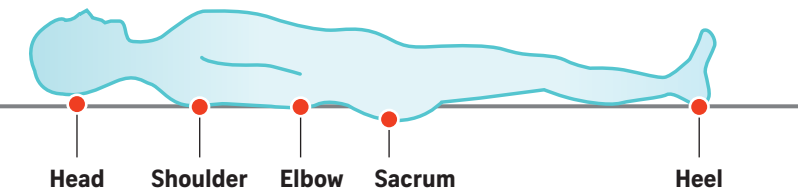
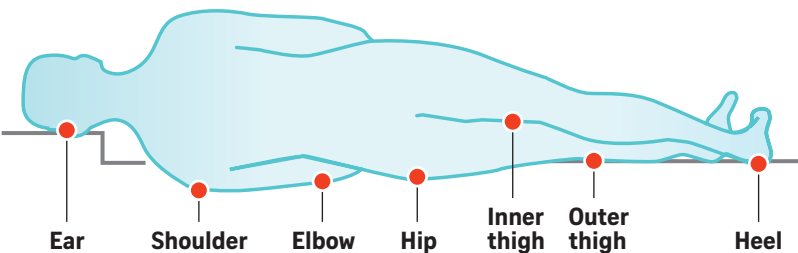


Sites commonly affected

Caregivers should do a daily check of these spots for redness, a sign of early-stage pressure ulcer. Keeping pressure off the red site for a day or two might be all that is needed.



Results from pressure, shearing force and friction.



Common sites are bony, prominent parts of the body.