

# Better-equipped soldiers

The Singapore Armed Forces (SAF) continually reviews the personal equipment of soldiers to enhance training and combat effectiveness. Here is a look at the equipment introduced in recent years.



### Physical Training (PT) singlet (October 2013)

- Lightweight
- Fabric resistant to ripping
- Reflective strips enhance safety

### PT shorts (May 2015)

- Lightweight and stretchable
- Quick-drying
- Mesh material for breathability
- Reflective strips enhance visibility

### PT shoes (December 2016)

- Adidas Duramo for neutral to high-arch foot types



- New Balance NB565 for neutral to low-arch foot types



### Socks (May 2016)

- Seamless stretch design for comfort
- Open-knit mesh design for breathability



### Field pack (March 2015)

- Configurable for different load requirements
- Four-way compacting straps offer stability and manoeuvrability



### Integrated Load Bearing Vest (March 2015)

- Side buckles allow vest to be easily loosened
- Detachable waterbag pouch for customised positioning
- Better fit and greater protection

### Water bladder (October 2014)

- Burst- and puncture-resistant
- Treated reservoir inhibits bacteria growth
- Valve prevents water leakages from drinking tube



### Combat boots (December 2016)

- Enhanced durability
- Quick-drying
- Good traction