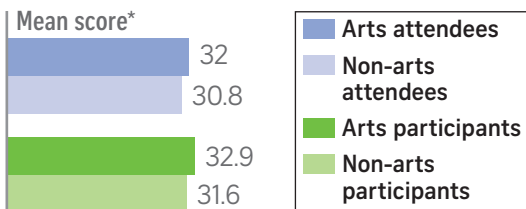


Arts for ageing well

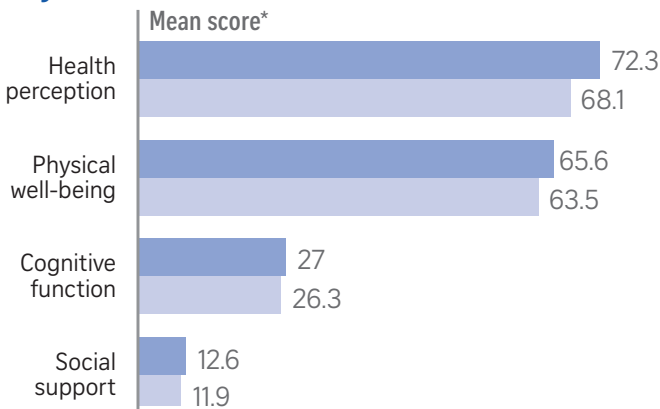
A two-year research study, involving 1,067 Singaporeans and permanent residents aged 50 and above, explores arts engagement and holistic well-being among current and future seniors in Singapore



Seniors engaged in the arts enjoy better quality of life



Key benefits of arts attendance



*Figures are mean score comparisons across various measures of well-being between those who engage in the arts and those who do not.