

FILMS

Blow-Up (1966, M18)
Thomas (David Hemmings) is a London fashion photographer. But one day he thinks he may have photographed something far more sinister – a murder.
WHERE: The Projector, Level 5 Golden Mile Tower, 6001 Beach Road
MRT: Nicoll Highway **WHEN:** Sept 14, 8.30pm & Sept 29, 5.30pm
ADMISSION: \$13.50 (standard), \$11.50 (concession) **INFO:** theprojector.sg

Minds Film Festival
In its third consecutive year, the Movement for the Intellectually Disabled of Singapore (Minds) Film Festival is dedicated to promoting awareness and empathy for people with intellectual disabilities through film. Organised by Minds and the Singapore Film Society, it features movies such as Swim Team (2016) and Tomorrow Is Another Day (2017).
WHERE/WHEN: GV VivoCity (Sept 16, 4pm), GV Tiong Bahru (Sept 22, 7pm & Sept 23, 4pm), GV Tampines (Sept 29, 4.30 & 6.50pm) & Oct 7, 4pm)
ADMISSION: \$6 **INFO:** minds.org.sg & gv.com.sg

NATURE

Therapeutic Horticulture Programme
The programme uses plants and nature-related activities to maximise the benefits of a therapeutic garden. It is suitable for elderly groups and people with dementia and special needs.
WHERE: Event Lawn, Choa Chu Kang Park, Choa Chu Kang Drive/KJE Exit 3
MRT: Choa Chu Kang **WHEN:** Thu, 9-11am **ADMISSION:** \$38 a person (free for voluntary welfare organisation & Ministry of Culture, Community & Youth charities), register at goo.gl/gpYnWR **INFO:** E-mail Nur_Khairiana_Mohamad_Malek@nparks.gov.sg

Nature Appreciation Walk At Bukit Timah Nature Reserve
Experience nature in its pristine form and find out more about the flora and fauna in the reserve.
WHERE: Bukit Timah Nature Reserve at Visitor Centre's Front Courtyard, Hindhead Drive
MRT: Beauty World **WHEN:** Sept 15, 9.30 - 10.30am **ADMISSION:** Free **INFO:** E-mail lim_siew_hong@nparks.gov.sg

Mangroves And Coastal Clean-Up At Ubin
Join Nature Society (Singapore) to remove abandoned drift nets and marine debris that choke up Pulau Ubin's coastline.
WHERE: Pulau Ubin (meet at Changi Point Ferry Terminal, details e-mailed upon successful registration)
MRT: Changi Airport **WHEN:** Sept 15, 8-11am **ADMISSION:** Free, register at www.nssmcg.org.sg **INFO:** E-mail nssmcg@gmail.com

PETS

Singapore Kennel Club Championship Shows
The Singapore Kennel Club will be holding the 217th and 218th SKC Championship Dog Shows.
WHERE: MacPherson Community Club, 400 Paya Lebar Way
MRT: Mattar/MacPherson
WHEN: Sun, noon - 6pm
ADMISSION: Free for spectators
TEL: 6469-4821 **INFO:** www.skcc.org.sg

TOURS

Amara Heritage Trail At Sentosa
Discover nature, conservation and history within Amara Sanctuary Resort Sentosa. The tour explores World War II-related sites and stories and provides a glimpse of the lives of British soldiers during the colonial era.
WHERE: Amara Sanctuary Resort

Film Picks

John Lui Film Correspondent and Boon Chan Media Correspondent recommend

SOUFRA (PG)
72 minutes

Thomas A. Morgan, who is based in Singapore, was part of the team that made *Waiting For Mamu* (2013), a troubling portrait of children in Nepal who grow up in prison with their incarcerated parents because there is no one to care for them on the outside.
Soufra is Arabic for "feast" and in this inspiring work directed by Morgan, the spotlight falls on Mariam Shaar (right), a refugee who, with women from Syria, Iraq, Palestine and Lebanon, launched a successful food truck business in a sprawling Lebanese refugee camp.
WHERE: The Projector, Level 5 Golden Mile Tower, 6001 Beach Road
MRT: Nicoll Highway **WHEN:** Various times **ADMISSION:** \$13.50
INFO: theprojector.sg

John Lui



VIDDSEE JUREE AWARDS SINGAPORE
The winner of the grand prize of the short film competition organised by streaming site Viddsee is the drama *The Drum*, by Singapore film-maker Ler Jiyuan.
In this drama, Kang (Wang Yuqing, above), a father in his 60s, faces a hard milestone in his life. Then an unlikely source of comfort appears.
The silver winner is the black comedy *Is Life by Kaizer Thng*, in which a new entrant to the underlayer industry takes lessons from a veteran of the death business.
The films, and other entries, can be viewed online for free at www.viddsee.com/channel/juree/singapore2018

John Lui



THE SPY GONE NORTH (PG13)
137 minutes/****
This film unfolds as a competent espionage thriller in the first two acts. The final 30 minutes elevate it to something more – a compelling tale of murky politics and unlikely friendships. The tension comes from the fraught atmosphere of mistrust and barely-kept-in-check hostility between North and South Korea. At any moment, masks could be ripped off and a gun could go off.
Left South Korean Park Seok-young (Kwa Jung-min, left) is recruited to spy on North Korea's nuclear programme in 1992 and his handler is the politically adroit Choi Hak-sung (Cho Jin-woong). Park is tasked to make contact with official Ri Myung-woon (Lee Sung-min), one of the few people with access to North Korea's leader Kim Jong Il (Gi Ju-bong). The film is loosely based on the true story of Park Chae-seo, a South Korean agent who infiltrated the North's nuclear facilities.

Boon Chan

PHOTOS: GOLDEN VILLAGE PICTURES, LER JIYUAN, VIVIEN KILLILIA BEST

WHERE: Keppel Centre for Art Education, National Gallery Singapore, 1 St Andrew's Road
MRT: City Hall **WHEN:** Tomorrow & Sun, 2.30 - 3.15pm & 3.30 - 4.15pm
ADMISSION: Free (for ages six & above) **TEL:** 9116-3935 (Kamini Ramachandran) **INFO:** moonshadowstories.com

OTHERS

CPF Retirement Planning Roadshow
Learn how you can be ready for your future, pick up must-know CPF tips and win exciting premiums through fun and interactive activities.
WHERE: B2 Event Square, Waterway Point, 83 Punggol Central
MRT: Punggol **WHEN:** Tomorrow & Sun, 11am - 6pm **ADMISSION:** Free **INFO:** cpf.gov.sg

The Craftsmen Fair At Tanjong Pagar Centre
The fair features more than 20 pop-up booths with a mix of art, craft and design, with merchandise on sale. Local musicians Kim Lim and Donnie Chan will serenade the crowd with acoustic Mandarin pop songs on Wednesday and Sept 14 from noon to 2pm.
WHERE: Urban Park, Level 1 Tanjong Pagar Centre, 1 Wallich Street
MRT: Tanjong Pagar **WHEN:** Mon - Sept 15, noon - 10pm **ADMISSION:** Free **INFO:** tanjongpagarcntr.com.sg

National Heart Week/ World Heart Day
At National Heart Week/World Heart Day 2018, organised by the Singapore Heart Foundation, members of the public are invited to take part in a series of activities that promote a healthy and active lifestyle. This year's theme, My Heart, Your Heart, focuses on the promise to eat healthily, get more active and say no to smoking. There will be a complimentary HbA1c screening for diabetes (till 2pm) and the launch of Asia's first self-learning kiosk, which will give an overview of hands-only CPR and provide real-time feedback on how to achieve quality CPR. Registration is required for CPR + AED Certification Course (4.30 - 7.30pm) and GetPoundin' (4 - 5pm).
WHERE: Toa Payoh HDB Hub Atrium, 480 Lorong 6 Toa Payoh **MRT:** Toa Payoh **WHEN:** Sept 29, 8am - 8pm **ADMISSION:** Free **TEL:** 6354-9369/35 (weekdays, 9.30am - 5.30pm) to pre-register **INFO:** myheart.org.sg

Open Farm Community-Edible Garden City Farmer's Market
Open Farm Community is joining forces with Citizen Farm by Edible Garden City to bring local harvests and produce to the doorsteps of urban dwellers. The farmer's market will feature produce from Singapore's small batch farmers and growers in their speciality fields, such as golden and pink oyster mushrooms, curly kale, mimotaro tomatoes,

microgreens and trigona honey.
WHERE: Open Farm Community (Cafe), 130E Hinden Road, Dempsey Hill
MRT: Botanic Gardens **WHEN:** Till Sept 28, 8am - 9pm (Wed - Sun) **ADMISSION:** Free **TEL:** 6471-0306 **INFO:** openfarmcommunity.com & ediblegardencommunity.com

LAST CALL

Out-Of-Print Book Sale At Ethos Books
Ethos Books is holding a sale of soon-to-be out-of-print books. From academic heavyweights and non-fiction treasures to fiction and poetry, the books are also available for delivery (additional charges apply).
WHERE: 06-131, 28 Sin Ming Lane (or online at ethosbooks.com.sg)
MRT: Marymount/Bishan **WHEN:** Today, 10am - 6pm **ADMISSION:** Free **INFO:** bit.ly/out-of-print-booksale; remainder books will go for \$2 each, selected books at half price

Lu Sibap (Who Neo Turns 8?)
As Bibik Tan Swee Ae turns 85, she finds herself suffering from a rapid decline of her mental ability. In this bittersweet tale of dementia, her deterioration gradually takes a heavy toll on her children. The roads paved with good intentions can sometimes add to the challenging reality of caregiving.

WHERE: Drama Centre Theatre, Level 3 National Library Building, 100 Victoria Street **MRT:** City Hall/Bugis **WHEN:** Today & tomorrow, 2 & 8pm **ADMISSION:** \$58 - \$78 **TEL:** 6348-5555 **INFO:** www.sistic.com.sg

Korea Festival 2018 - I Maestri Concert
Formed in 2006 in Seoul, I Maestri boasts an all-male Korean cast of professional classical singers. It will be marking its Singapore debut with a repertoire with Korea's classical opera and contemporary Broadway tunes. This concert is held in conjunction with Korea Festival 2018 and is organised by the Embassy of the Republic of Korea.
WHERE: Shaw Foundation Symphony Space, Singapore Botanic Gardens, 1 Cluny Road **MRT:** Botanic Gardens **WHEN:** Tomorrow, 6 - 7pm **ADMISSION:** Free **INFO:** E-mail nparks_sbg_visitor_services@nparks.gov.sg

• The listings on these Happenings pages are free. Write to Life Happenings, Life, The Straits Times, 1005 Toa Payoh North, Singapore 318994 or e-mail life@sph.com.sg at least two weeks ahead. Include the name of the event, organiser, venue, date and time, ticket prices and nearest MRT station, as well as your name, address and contact number. We reserve the right to edit or reject items. Go to www.straitstimes.com (click on Lifestyle) for more listings

1 DAY ONLY

9.9 Deals

ONLY ON 9 SEPTEMBER

IT IS NOW OR NEVER!

\$9.90 FISH 'N' SPIRAL

\$9.90 OH MY AGLIO OLIO (SEAFOOD / PRAWN)

\$9.90 TOMATO CREAM CHICKIE SPAGHETTI

Offer is valid for dine-in only. Not valid in conjunction with other ongoing promotions, discounts or voucher privileges. Images are for illustration purposes only. Actual presentation may vary. All prices quoted are in Singapore Dollar (SGD) and are subject to 10% Service Charge and 7% GST.

www.manhattanfishmarket.com