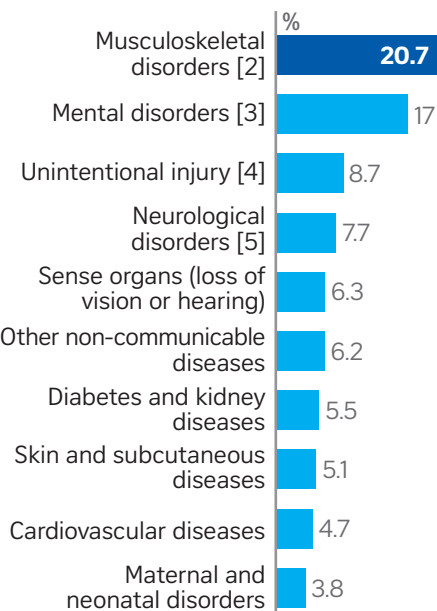
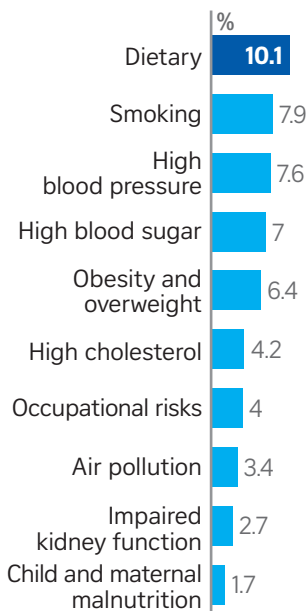


Poor health and the main causes

Leading causes of years lived with disability in Singapore [1]



Major modifiable risk factors for ill health in Singapore



NOTES:

[1] Ill health that debilitates but does not kill

[2] Injury to the bones, joints, muscles, tendons, ligaments or nerves

[3] Significant as they start at a young age and last a long time

[4] Half of the injuries were caused by falls

[5] Including dementia, headache and stroke