Inside the face

UNDERNEATH YOUTHFUL SKIN

• The facial muscles situated within the subcutaneous tissue are responsible for providing different facial expressions.

• The procerus muscle helps to pull down the skin between the eyebrows. It can also contribute to an expression of anger. Wrinkles appear with over-use of this muscle.

• Fat in the face is evenly distributed when people are young, plumping up the forehead, temples, cheeks and areas around the eyes and mouth.

• Full lips are considered a sign of youthfulness. Age can bring on thinning lips and lines around the mouth.

AS YOU AGE

• Wrinkles form when facial muscles continually tug at and eventually cause creases in the skin over time. Other folds may deepen because of the way fat decreases and moves around. Finer wrinkles are due to sun damage, smoking and natural degeneration.



• Facial fat loses volume, clumps up and shifts downwards. Features that were formerly rounded may sink and skin that was smooth and tight loosens and sags. Meanwhile, other parts of the face gain fat, particularly the lower half, so the skin tends to get baggy around the chin and saggy in the neck.

PHOTO: ISTOCKPHOTO SUNDAY TIMES GRAPHICS: MIKE M DIZON