

Results of the green challenge

We recorded the New family's waste output* in the week of the eco-friendly living challenge and compared it with their waste output before the challenge to see how they fared.

TRASH

(black trash bags)

5 bags

2 recyclable and 3 non-recyclable
 • Average 0.29 bag recyclable and 0.43 bag non-recyclable a day

• **Total reduction:** 4 bags, 2 recyclable and 2 non-recyclable, average 0.28 bag recyclable and 0.28 bag non-recyclable a day



FOOD

(bowl of cereal with spoon)

1.9kg

food waste

• Average 271.4g a day
 • **Total reduction:** 1.2kg food waste, average 171.4g a day



SHOWER TIME

196.75min

of showers
 • Average 5.32min per shower
 • **Total increase:** 6min of showers, 0.17min per shower



Norman New, 40, lecturer



Shania, 9

Nathan, 11

Shavon, 9

Lim Li, 40, adjunct lecturer

DID THE CHALLENGE PAY OFF?

I do feel the challenge paid off. We applied ourselves and were happy to see that it didn't really take that much effort to make these positive changes. Being more conscious and mindful, I hope we can turn these mindsets into habits.



MS LIM LI

WHAT HABITS WILL YOU INCORPORATE INTO YOUR LIVES?

I will continue doing what I did during the challenge: turning off the tap when soaping/shampooing, using bar soap, a bamboo toothbrush, bamboo toilet paper and handkerchief, and also reusable cutlery and a straw.



NATHAN

We will continue using bamboo toothbrushes, bamboo toilet paper and handkerchiefs, as well as reusable cutlery and straws.



SHANIA AND SHAVON

NOTE: *Due to complications in data collection, the family's energy output was not included in our comparison