

THE COVID-19 CHRONICLES

"HANDSHAKE ALTERNATIVES"



Yong Loo Lin School of Medicine



The "wave"

THE COVID-19 CHRONICLES

"UNIFORM BLUES"



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So many safety procedures nowadays...

Yeah. N95 masks, gowns, face shields and gloves... Very strict now.



The Thai "wai"



The "elbow"

OK. Must remove in the right order. Gloves first. Then face shield. Then cap.

Then gown. Then feet coverings. Always inside out.



Then, very carefully remove mask straps without touching the mask.

Lastly, wash hands thoroughly.



Well, it's important that people around us are completely safe.



The "footshake"



By avoiding handshakes, you can lower the risk of getting infected. So adopt alternative greetings instead. What other alternatives can you think of?

Dr Dale Fisher is Professor in Infectious Disease, NUS, and Chair of the Global Outbreak Alert and Response Network, WHO.

They go out for lunch...



Healthcare staff observe strict hygiene protocols. Don't be afraid of them. Instead, show them appreciation.

Dr Dale Fisher is Professor in Infectious Disease, NUS, and Chair of the Global Outbreak Alert and Response Network, hosted by WHO.