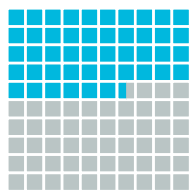


The top 5 most commonly faced adverse childhood experiences

Percentage of Singapore's adult population* who experienced this

46.5%



Emotional neglect

21.8%



Parental separation, divorce or death of a parent

8.2%



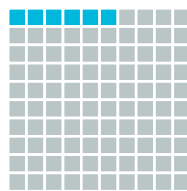
Living with an abused mother or female guardian

8%



Emotional abuse

6%



Living with household members who are mentally ill or suicidal



Some of the questions asked in the World Health Organisation Adverse Childhood Experiences International Questionnaire

- 1 Did your parents or guardians understand your problems and worries?
- 2 Did your parents or guardians really know what you were doing with your free time when you were not at school or work?
- 3 Were your parents or guardians too drunk or intoxicated by drugs to take care of you?
- 4 Did you live with a household member who was depressed, mentally ill or suicidal?
- 5 Did you see or hear a parent or a household member in your home being slapped, kicked, punched or beaten up?
- 6 Did a parent, guardian or other household member yell, scream, swear at you, insult or humiliate you?
- 7 Did someone touch or fondle you in a sexual way when you did not want them to?
- 8 How often were you bullied?
- 9 Did a parent, guardian or household member threaten to, or actually, abandon you or throw you out of the house?
- 10 Did a parent, guardian or household member spank, slap, kick, punch or beat you up?

*Singaporeans and permanent residents aged 18 and older.