

Some sightings and injuries this year

1 MARCH

East Coast Park

- Australian Jade Dyson, 28, was stung by what she believes to be a box jellyfish while training for a marathon swim with a friend.
- She immediately felt the pain across her arm and leg, her back muscles "froze" and spasmed out of control, and she was unable to move her body.



2 JULY 3

One Degree 15 Marina Sentosa Cove

A box jellyfish over 1m long was sighted. Conservation group Marine Stewards advised visitors not to swim in Sentosa waters for two weeks.



3 JULY 14

Tuas

A box jellyfish about 1m long and with multiple tentacles was sighted.

4 JULY 16

Dock on Lazarus Island

Two box jellyfish were spotted from a boat that night. Marine Stewards advised visitors not to swim in the waters around Pulau Seringat, Lazarus Island, St John's Island and Sentosa for two weeks.

5 JULY 17

Sentosa's Palawan Beach

A four-year-old girl was reportedly stung by a box jellyfish when she was paddling in the shallow waters of Palawan Beach.

6 OCT 9

Sentosa's Siloso Beach

Visitors are not allowed to enter the waters of Siloso Beach, until further notice, due to a box jellyfish sighting last Friday. Sentosa will be stepping up regular surveillance of the island's beaches and waters.

PRECAUTIONS BEFORE GOING OUT TO SEA



Wear long-sleeved shirt and pants



Wear a life jacket and have a safety buoy on you



Do not approach or touch any jellyfish in the water or washed up on shore



Bring a bottle of plain vinegar along, as the liquid can prevent more venom from being released from the jellyfish stingers

WHAT TO DO IF YOU'RE STUNG BY A BOX JELLYFISH

- Get the victim to shore immediately and call 995
- Do not rub the wound or remove the tentacles with your hands
- Immerse the sting area in seawater and vinegar

for at least 30 seconds. Do not use freshwater or urine, as urine may trigger the jellyfish stingers to release more venom

- After immersing, remove the tentacles using a towel or tweezers

