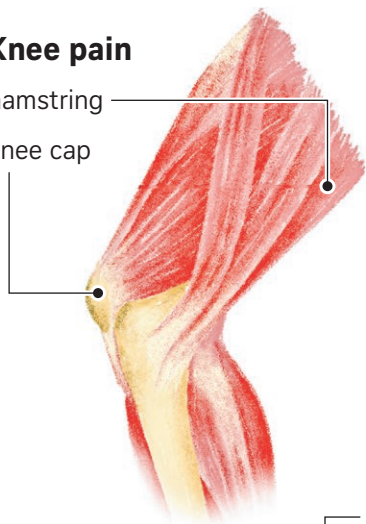


Common running injuries

Knee pain

hamstring

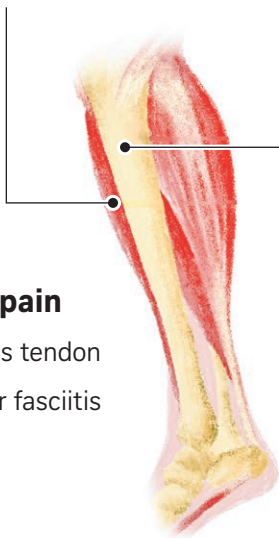
knee cap



Shin pain

tibia

compartment syndrome



Heel pain

Achilles tendon

plantar fasciitis

Foot pain

ankle

metatarsalgia

