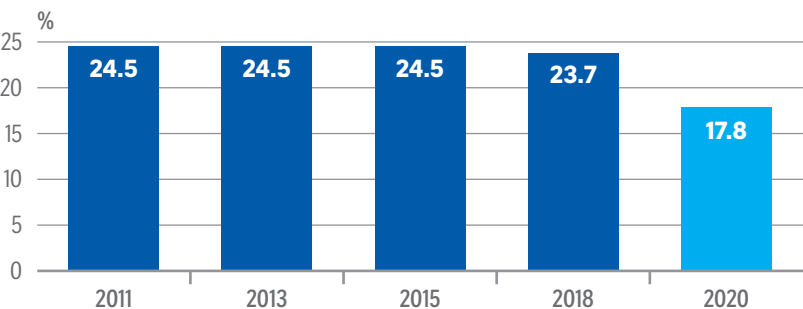


Better health among China's seniors

China's older folk are seeing improvement in their ability to cope with daily living and in their mental capacities. This is because they have kept active even as living environments, education and public health have improved and incomes have risen.

Faring better in functional disabilities*+

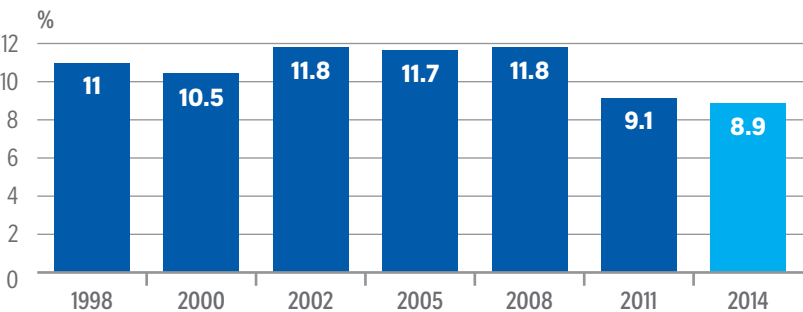


*Functional disabilities include:

- Activities of daily living such as eating, dressing, bathing, going to the toilet, getting into and out of bed, and controlling urination and defecation
- Instrumental activities of daily living such as cooking, shopping, doing household chores, taking medicine, managing money and making phone calls

+ Chinese above 60 years old

Falling prevalence of cognitive impairment**



**Chinese aged between 65 and 105