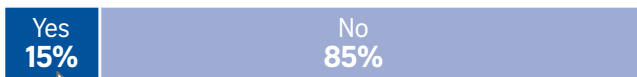


How life has changed

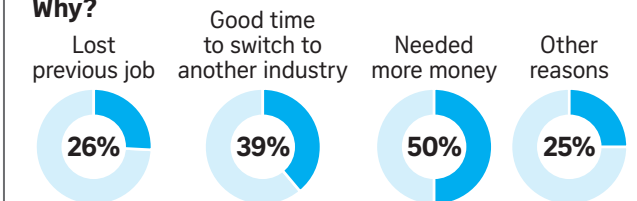
On April 7, 2020, much of Singapore came to a standstill. One year on, The Straits Times partnered market research firm Milieu Insight to ask Singapore residents how the lockdown has changed their lives. **Timothy Goh** looks at the findings.

EMPLOYMENT

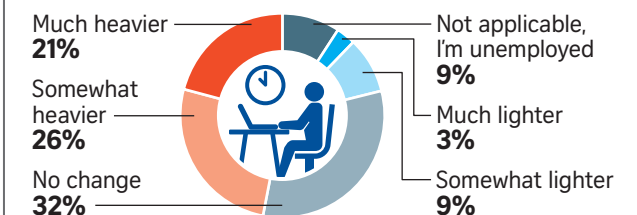
Did you start a new job?



Why?

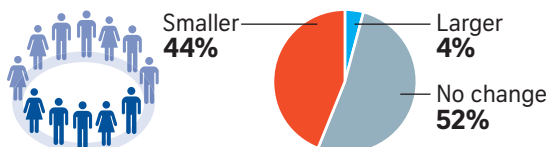


How has your workload changed?

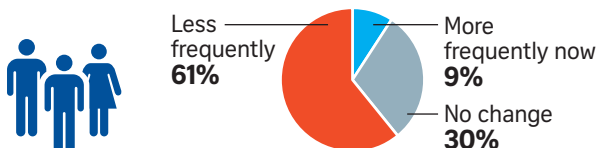


SOCIAL LIFE – NOW COMPARED WITH BEFORE CIRCUIT BREAKER

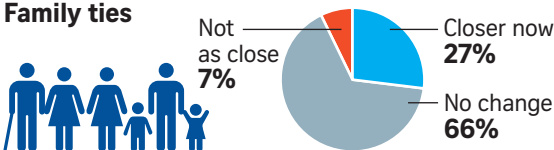
Social circle (excluding immediate family members)



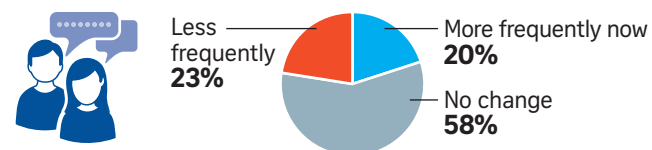
How often do you socialise now?



Family ties

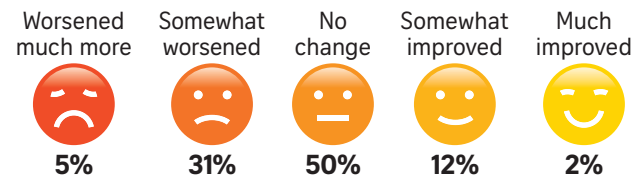


How often do you socialise with your immediate family?



MENTAL WELL-BEING AND HEALTH – NOW COMPARED WITH BEFORE CIRCUIT BREAKER

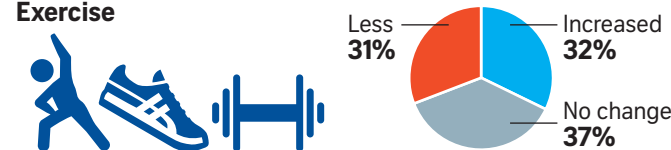
Mental well-being



Picked up new hobbies or skills during circuit breaker

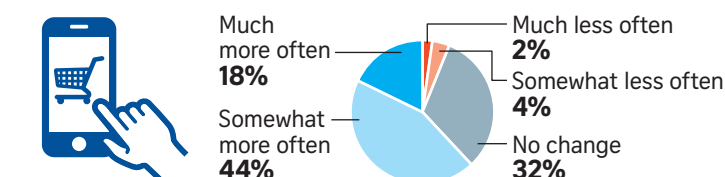


Exercise

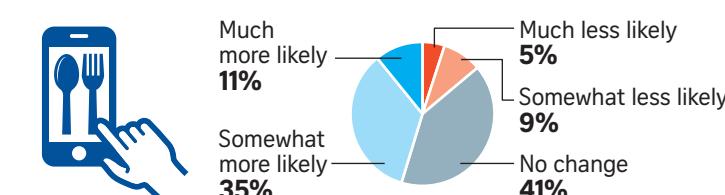


GOING DIGITAL – NOW COMPARED WITH BEFORE CIRCUIT BREAKER

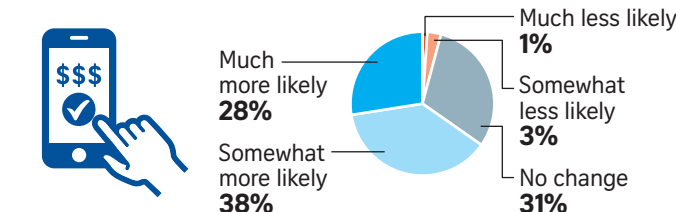
How often do you make online purchases?



How likely are you to order food delivery?



What about going cashless?

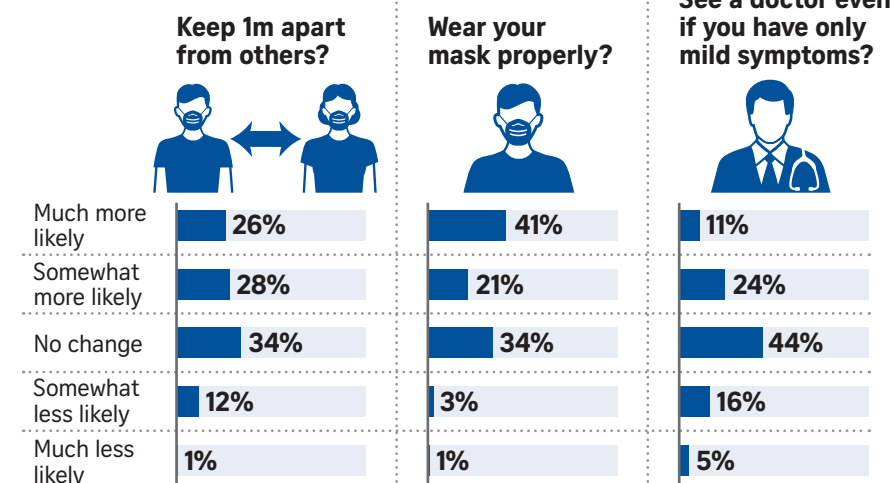


NOTE: Percentages may not add up to 100 due to rounding off.

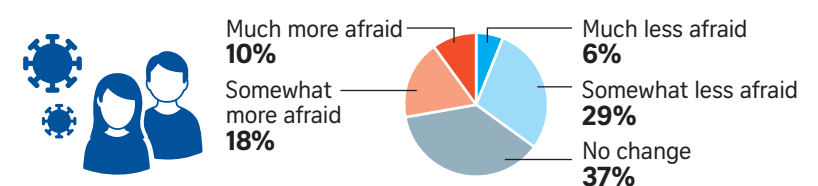
The online poll, which was commissioned by The Straits Times, was conducted by Milieu Insight, an online market research firm, on 1,000 residents.

SAFE MANAGEMENT MEASURES – NOW COMPARED WITH DURING CIRCUIT BREAKER

How likely are you to:

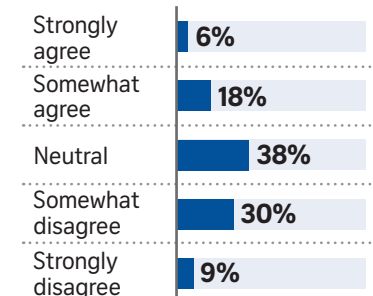


How afraid are you of catching Covid-19?

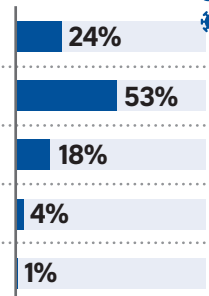


PANDEMIC IN GENERAL

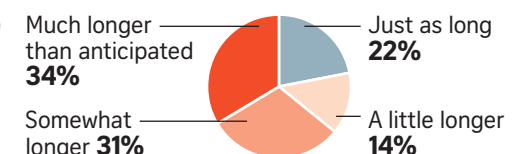
The current safe management measures are excessive and should be relaxed



Singapore has the pandemic under control



The Covid-19 outbreak has lasted...



Field work was conducted from March 25 to 29, 2021, and results are representative of the Singapore resident population aged 16 and above by age and gender.